

Dear Expectant Parent,

We know this is an uncertain time – especially with national efforts underway to prevent the spread of COVID-19. We want you to know we are here for you and the health and safety of you, your baby and entire family are very important to us.

In an effort to protect our Labor & Delivery patients at Cape Canaveral Hospital and Holmes Regional Medical Center, we are putting precautionary measures in place.

Visitor Policy Update

- Obstetrical patients at our hospitals will now be limited to one designated visitor during the entire duration of their stay.
- The designated visitor can be a spouse, significant other or an adult support person.
- If the patient chooses to have a doula as the visitor, this will be the patient's sole visitor during labor. Once in post-partum, the patient has the opportunity to switch out the doula for another support person (i.e. Spouse/Significant Other).
- We encourage the use of video calling, such as FaceTime, for additional support during the labor process.
- The designated visitor will be provided a red wrist band to be worn throughout their visit.
- Security will be monitoring the visitor log to ensure there are no modifications to each patient's designated visitor.
- Obstetrical visitors will be subjected to the same Florida Department of Health screening guidelines conducted on all hospital visitors. If any potential visitor shows symptoms of COVID-19, they will not be allowed past Security.

Online Classes and Tours Now Available

- We are now offering video tours of our Birth Suites at both Cape Canaveral Hospital and Holmes Regional Medical Center. To view these video tours, visit [HF.org/womenandchildren](https://www.healthfirst.org/womenandchildren).
- Prepared Childbirth Classes and Lactation Classes are now available through WebEx. Visit [HF.org/womenandchildren](https://www.healthfirst.org/womenandchildren) to learn more.

Newborn Photo Sessions

- To protect the safety and wellness of our Moms and Newborns, we have decided to suspend our in-house newborn photography sessions. We apologize for this inconvenience.

Additional Safety Measures

Facility Screenings

- To protect patients, associates and providers, all patients and guests entering Health First facilities will be screened following the Florida Department of Health COVID-19 guidelines.

Provider Appointment Registration

- Basic patient registration will be held outside of our Medical Group office buildings to ensure our patient's safety and limit potential exposure.
- Patients will also have the option to give their cell phone number to a team member and wait in their vehicle until a patient room is available.
- If a patient is determined to be at risk and their appointment is not with their primary care provider (PCP), their appointment will need to be confirmed or rescheduled by their specialty provider.
- Virtual visits are also available as an alternative.

We know having a baby is an exciting time for your family. While we want to help you celebrate that, we also want to ensure you and your family are healthy during this unprecedented time. Thank you for your understanding as we do our part to keep you and your loved ones safe and well.

Sincerely,



Steve Wright

Health First, System VP, Hospital Division Service Lines
Women & Children